



Certificate in Counselling Psychology – Level 5

(Talent Eye Training Institute – Empowering Dreams, Igniting Potential)

Philosophy of the Program

The **Certificate in Counselling Psychology (Level 5)** at **Talent Eye Training Institute (TETI)** is a **Competency-Based TVET program** designed to introduce learners to the **core principles of counselling psychology**. It provides trainees with **foundational knowledge, interpersonal skills, and ethical practice** needed to support individuals, families, and communities in diverse settings.

Goal of the Program

The program aims to:

- Equip learners with **foundational counselling psychology knowledge**
 - Build **practical listening, communication, and empathy skills**
 - Introduce **basic assessment and referral procedures**
 - Prepare students for **progression into Diploma and higher qualifications in counselling psychology**
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Expected Learning Outcomes

Knowledge

- Understand the **basic theories of counselling and psychology**
- Learn about **human development and behaviour across the lifespan**
- Explore **mental health, stress, and coping strategies**
- Study **cultural, social, and ethical considerations in counselling psychology**
- Gain insight into **basic group counselling and peer support principles**

Skills

- Apply **listening and attending skills** in counselling sessions
- Provide **initial support and referrals** for clients in need
- Conduct **basic psychosocial assessments**
- Demonstrate **effective communication and rapport-building**
- Maintain **case records and simple reports**

Competences

- Offer **entry-level counselling support** in schools, communities, and organizations
 - Uphold **confidentiality, ethics, and professional standards**
 - Support clients dealing with **stress, adjustment, and interpersonal challenges**
 - Collaborate with professionals in **healthcare, education, and social work**
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Assessment Procedures

- **Internal Assessment** → Class participation, assignments, role plays, and practical counselling demonstrations
 - **External Assessment** → Conducted by **TVET CDACC**
 - Trainees will compile a **portfolio of evidence** of competencies achieved
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Accreditation

This course is recognized and approved by:

- **TVETA**
 - **TVET CDACC**
 - **KNQA**
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Admission Requirements

- KCSE mean grade **D (plain)** and above, OR
 - Equivalent qualifications as determined by **KNQA**
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Intakes

- **January**
 - **April/May**
 - **August/September**
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Mode of Delivery

- **Face-to-Face Learning** (on-campus)
 - **Virtual/Online Learning**
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Course Duration

- **1 academic year (2 semesters)**
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Career Path

Graduates can serve as:

- **Peer Counsellors**
- **Community Counselling Aides**
- **School/Youth Mentors**
- **Counselling Assistants**

Progression to:


- **Diploma in Counselling Psychology (Level 6)**
 - **Diploma in Addiction Counselling, Marriage & Family Therapy, or Counsellor Supervision**
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For Admission Enquiries

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General Enquiries

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✦ *Talent Eye Training Institute (TETI) – Empowering Dreams, Igniting Potential* ✦